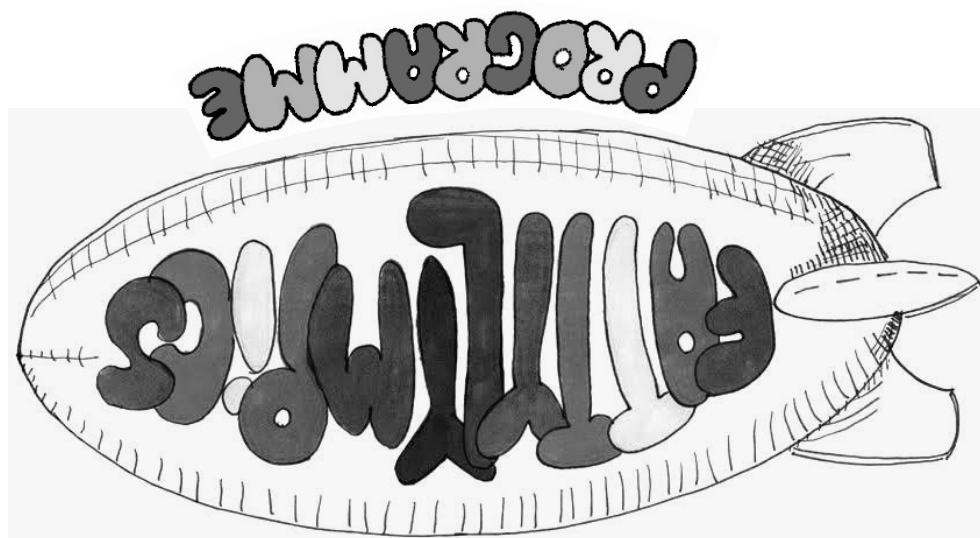


Grassroots Resource Centre, West Ham, London  
Saturday 7 July 2012



## THANKS!

Deepest thanks to everyone who contributed to the Fattylympics:

- Allyson • Azem • Becky • Bethan • Bill • Cat • Cathy • Corinna •
- Counter Olympics Network • Deirdre • Ele • Erkan • Games Monitor • Gita •
- Grassroots • Hanna • Matilda • Pivo • Rachel S • Rachel C • Simon • Soirai •
- Stratford East Singers • The Pogo Café • Verity • Vikki • All the stallholders •
- All the volunteers • Everyone who has promoted the event and encouraged us

We are quite fried now, sorry to those whose names we have missed out

## FATTYLYMPICS AFTER-PARTY: UNSKINNY BOP PROM

Unskinny Bop are hosting a giant club night and Fattylympians can snag super-cheap £5 tickets by saying the password 'Big Bums' to Tim at the door. Arrive early to ensure you get in.

Venue: Bethnal Green Working Men's Club, 42 Pollard Street, Bethnal Green, London, E2  
9pm - late (nearest tube Bethnal Green)

We sincerely apologise that access for disabled people is extremely limited at this venue. This is beyond our control. We are happy to feed back any complaints.

# WELCOME TO THE FATTYLYMPICS

The Fattylympics is a unique, once-in-a-lifetime community event. It is an afternoon of messing around in the park. There are games, singing, stalls, stupid things to see and do, it's open to everyone who wants to come, and it's free.

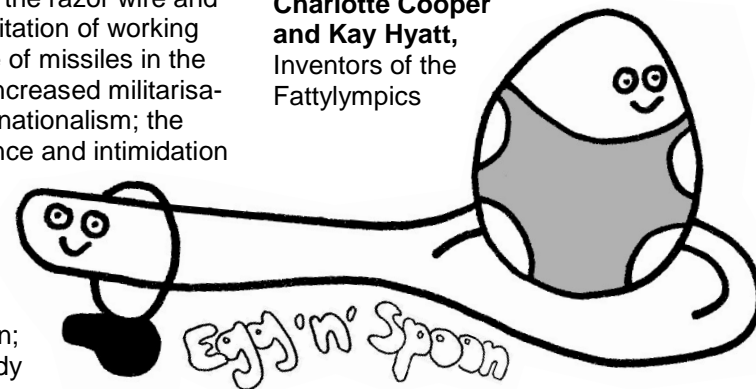
We have organised the Fattylympics as queer fat activists and also as a response to the 2012 Olympics. We're looking forwards to seeing the Spanish synchronised swimming team, and Usain Bolt run very fast, but we are also angry about many of the things that the Olympic-industrial-complex has brought to our neighbourhood. These include: a Games for the rich at the expense of the poor; bullying, anti-obesity rhetoric; corporate intrusion; the transformation of green public spaces into private property; the disruption and expense within a context where many people are struggling to survive; the razor wire and the fences; the exploitation of working people; the presence of missiles in the community and the increased militarisation of everyday life; nationalism; the outrageous surveillance and intimidation of legitimate protest, and harassment and criminalisation of young people of colour; social cleansing and gentrification; and a legacy of greedy

landlords, consumerism, and the lie that the Olympics was a wonderful experience for everyone concerned.

The Olympic resistance movement in the UK has been very small, and we realise that we are powerless to obstruct these enormous interventions, so we have chosen a different way of marking our disgust: we've made something small, lovely and funny, that makes us happy, and we have invited people to join in. We've done our best to make a little breathing space, to remember what's important, to know we're not alone.

We have documented our work at [fattylympics.blogspot.co.uk](http://fattylympics.blogspot.co.uk) and invite other activists to build on what we have done.

**Charlotte Cooper  
and Kay Hyatt,**  
Inventors of the  
Fattylympics



# ON THE DAY

## 12.00 – 13.00 Welcome!

Get yourselves settled-in, grab a plate of food from Soirai's Fattylympics Café, listen to Hanna's fiddle, spend all your money on the stalls, do some colouring-in, and have your picture taken with those loveable rogues, Egg'n'Spoon. Join Vivacious von Vixen as she bends and thrusts her way through some Chubrobics in an energising warm-up.

## 13.00 – 13.30 Fattylympics Opening Ceremony

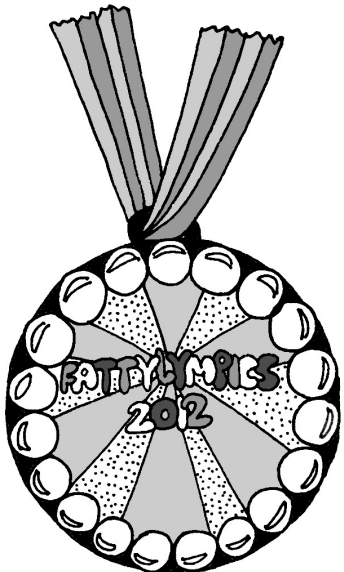
We will start the ceremony by clanging the West Ham Memorial Park Sculpture – listen out! There will then be a short welcome speech, and we will sing the Fattylympics Anthem together. Following this, we will present a mass show of disrespect in the direction of the Olympic Park. The Fattylympics Torch will arrive, we'll parade for a bit, and then out Guest of Honour, Erkan Mustafa, who played Roland in TV's Grange Hill, will cut the ribbon and get it all going.

## 13.30 – 14.10 Event 1: Rolling with Roland

Participants will make their way up the gently landscaped roof of Grassroots and roll downwards. We will clear the ground of poo and litter beforehand. There may or may not be different rounds for extravagant rolling, slow rolling, backwards rolling and free-style rolling.

## 14.10 – 14.50 Event 2: Twirling

Cheap and Porky will perform a choreographed ribbon gymnastic routine on the paved area in front of Grassroots for the delight of the Fattylympics attendees. After this, the pair will open the floor to some freestyle ribbon action for all to enjoy.



## 14.50 – 15.30 Event 3: Spin-off

Participants will remain on the paved area and will be given specially-constructed Spinning Hats by Simon. They will spin in three rounds, getting faster each time. Upon completion of the spin a Dizz-o-Meter will be produced, upon which participants will measure the depth of their dizziness. A quiet place to sit down, and a bucket in case of 'upsets' will be provided.

## 15.30 – 16.10 Event 4: Spitting on the BMI

Charlotte will encourage everyone to spit on a lovely big 'scientific' copy of the Body Mass Index chart with style and gusto.

## 16.15 – 17.00 Closing Ceremony

Thanks! Medals for everyone! Music! Collapse!

## THE FATTYLYMPICS ANTHEM

When you're looking in the mirror  
and you don't like what you see  
Try to dream of social justice  
Try to dream of being free

Trapped in the shadow of a corporate beast  
You don't have to fuck people over to survive

You can try a different way  
Maybe today we'll learn a new way to be alive

(shouting)  
Let's try to dream it together  
Let's dream it together today

It won't be perfect because things never are  
But when times are hard  
we'll remember messing around in the park

Doo doo doo doo doo doo...

Words by Charlotte Cooper and music by Verity Susman